

# Positive Affirmations

TO ADD TO YOUR DAILY ROTATION

The secret of attraction is to love yourself - **DEEPAK CHOPRA**

You must do the things you think you cannot do - **ELEANOR ROOSEVELT**

Nothing is impossible. The word itself says I'm possible! - **AUDREY HEPBURN**

Nothing can dim the light that shines from within - **MAYA ANGELOU**

The past does not equal the future unless you live there - **TONY ROBBINS**

Good riddance to decisions that don't support self-care, self-value, and self-worth - **OPRAH WINFREY**

I'm giving you permission to root for yourself and while you're at it root for those around you, too - **MINDY KALING**

If you really think small, your world will be small. If you think big, your world will be big - **PAULO COELHO**

If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely - **RONALD DAHL**

We must be willing to let go of the life we planned so as to have the life that is waiting for us - **JOSEPH CAMPBELL**

The emotion that can break your heart is sometimes the very one that heals it - **NICHOLAS SPARKS**

I say looking on the bright side of life never killed anybody - **JENNY HAN**

Hold up your head! You were not made for failure, you were made for victory - **ANNE GILCHRIST**

We must accept finite disappointment, but never lose infinite hope - **MARTIN LUTHER KING JR.**

Failure is just another way to learn how to do something right - **MARIAN WRIGHT EDELMAN**

Your life is already a miracle of chance waiting for you to shape its destiny - **TONI MORRISON**

Your perspective is unique. It's important and it counts - **GLENN CLOSE**

Embrace the glorious mess that you are - **ELIZABETH GILBERT**

Am I good enough? Yes I am - **MICHELLE OBAMA**

Gratitude is a celebration we are all invited to - **CLEO WADE**

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