

# On the Move — Checklist

What To Do	Where/When To Do	Date To Do	Done
Arrange to have your phone, gas, cable, electric and water service connected the day before you move in	Local Utility Services See Useful numbers	Two weeks prior to your move	<input type="checkbox"/>
Fill out Change of Address Form	Any U.S. Post Office (They'll even hold your mail a few days)	USPS recommends at least one month prior; the form has a start date	<input type="checkbox"/>
Arrange to have your kids registered at new schools	The local area school district	School districts vary, consult your local area district	<input type="checkbox"/>
Contact Phone Co. for your new number	Local area	At least one week prior service provider	<input type="checkbox"/>
Contact your long distance provider to ensure uninterrupted service	Your choice long distance provider	After you have your new number	<input type="checkbox"/>
Have your cable box picked up To avoid charges	Your cable provider	Providers vary on lead time needed	<input type="checkbox"/>
Schedule rental truck and/or moving company	Your choice moving professional	Most companies need at least 2 weeks, allow more time in peak seasons like summer	<input type="checkbox"/>
Get packing supplies	Most moving companies Will provide supplies	Choose the time frame that you need	<input type="checkbox"/>
Make car rental, airline or hotel arrangements if needed	Your choice service provider	As needed	<input type="checkbox"/>
Compile and keep your families' health records handy	NA	As needed	<input type="checkbox"/>
Look for new doctors/dentists	Your current physicians may have referrals	Choose the time frame that you need	<input type="checkbox"/>
Update or open new bank accounts	Your financial institution	As needed	<input type="checkbox"/>

## Online Resources

- ☎ Fill out your change of address and simplify your move online with MoverNet: [www.usps.gov/moversnet](http://www.usps.gov/moversnet).
- ☎ For tips on selecting a moving company, visit the U.S. Department of Transportation website: [www.fhwa.dot.gov/nydn/moving.htm](http://www.fhwa.dot.gov/nydn/moving.htm)
- ☎ For information about school districts throughout the country, log onto [www.nsr.com](http://www.nsr.com).

## Toll-Free Numbers

- ☎ For assistance in identifying and locating quality childcare, contact **Child Care Aware**, a free national child care resource and referral service: 1-800-424-2246
- ☎ Call 1-800-829-1040 to notify the IRS about your new address and to find out if your moving expenses are tax deductible.
- ☎ Social Security benefit recipients should change their address with the Social Security Administration by calling 1-800-772-1213.